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# City Parks & Recreation to Host Outdoor Family-friendly Events

**EL PASO, Texas** — The City of El Paso Parks and Recreation Department invites the community to enjoy the outdoors with two special, family-friendly events happening on Saturday, May 4.

## **KIDS TO PARKS DAY**

Families can start the day at the annual Kids to Parks Day celebration from 9 a.m. to 1 p.m. at Lomaland Park, 715 Lomita Dr.

The event will feature outdoor and educational activities for children of all ages including tug-of-war, jumbo games, face painting, casting, sack races, jumping balloons, entertainment, and food trucks.

Kids to Parks Day is a national day of outdoor play celebrated yearly during the summer. Organized by the National Park Trust, the day connects kids and families with their local, state, and national parks and public lands through thousands of park events that promote discovery and exploration in the great outdoors.

## **NEON FITNESS DANCE**

Live Active El Paso is celebrating National Fitness Day with a Neon Fitness Dance starting at 6:30 p.m., on Saturday, May 4 at Eastwood Park, 3110 Parkwood St.

The event features a glow stick-filled dance party, fitness dance sessions, live music, a health and wellness booth, giveaways, and prizes. Visitors are invited to come out with the entire family to get active and celebrate National Fitness Day (glowsticks to be provided by Live Active EP).

Live Active El Paso is a citywide community movement that promotes health and wellness by encouraging physical activity, improved nutrition, and strong mental health. The initiative provides dozens of free activities and events to the community.

For more information on these events or other programs and initiatives provided by the Parks and Recreation Department, visit [www.elpasotexas.gov/parks](http://www.elpasotexas.gov/parks).

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Promoting **Transparent & Consistent Communication**  
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