

Parks & Recreation-Sports

January - March Events '25

- **LEISURE CLASS - AEROBICS**
 - **Location:** Officer David Ortiz Sports Center
 - **Date:** Tuesdays & Thursdays
 - **Time:** 6pm – 7pm
 - **Brief description:**
 - A form of physical exercise that combines rhythmic aerobic exercise with stretching and strength training routines with the goal of improving all elements of fitness.

- **LEISURE CLASS – BOXING**
 - **Location:** Officer David Ortiz Sports Center
 - **Date:** Monday – Thursday
 - **Time:** 4:30pm – 5:30pm & 5:30pm – 6:30pm
 - **Brief description:**
 - Boxing is a full-body workout that can improve your physical and mental health in many ways.

- **LEISURE CLASS – YOGA**
 - **Location:** Officer David Ortiz Sports Center
 - **Date:** Tuesdays & Thursdays
 - **Time:** 10:15am – 11:15am
 - **Brief description:**
 - A Hindu spiritual and ascetic discipline, a part of which, including breath control, simple meditation, and the adoption of specific bodily postures, is widely practiced for health and relaxation.

- **FREE ROOM USAGE – EPCC CHINA PAINTING**
 - **Location:** Officer David Ortiz Sports Center
 - **Date:** 1/21 - 4/15
 - **Time:** 2pm – 4pm
 - **Brief description:**
 - A fun time decorating porcelain objects.

- **Free Room Usage – EPCC Line Dancing**
 - **Location:** Officer David Ortiz Sports Center
 - **Date:** 1/21 – 4/15
 - **Time:** 2pm – 4pm
 - **Brief description:**
 - Learn different types of dances; staying fit while having fun.

- **SUNRISE SEASON: ADULT BASKETBALL LEAGUE**

- **Location:** Officer David Ortiz Sports Center
- **Date:** February 16 – June 15
- **Time:** 9:00am
- **Brief description:**
- City of El Paso Sports League
- Registration is required for event

- **ADULT BASKETBALL**

- **Event:** Sunday Women's (18+); Sunday 40+; Monday 60+; Tuesday 30+; Wednesday ABL (18+); Friday CoED (18+); Saturday 50+
- **Date:** Season kicks off week of February 16 Ends Week of June 15
- **Game Times:** 6:15PM – 9:15PM or 7:30PM – 9:30PM, depending on day/location
- **Locations:** Officer David Ortiz, Valle Bajo, Sylvia Carreon, Pavo Real
- **Brief description:** Approximately 140 teams from El Paso, Las Cruces and Juarez; 12 game season guarantee; playoffs not guaranteed, single elimination; ABL playoffs march madness style bracket; 40s, 30s, ABL, Co-Ed playoffs at The Beast; \$400/team; 1st place award + tee, 2nd place season tee; registration closes February 6
- **Link for more information:** <https://www.quickscores.com/elpaso>

- **YOUTH BASKETBALL**

- **Event:** JR WNBA High School Girls League
- **Date/time/location:** Thursday March 27 – Thursday June 12 | Game Times 6:15PM – 9:15PM or 7:30PM – 9:30PM depending on center | Officer David Ortiz, Valle Bajo, Sylvia Carreon
- **Brief description:** 24 High School Girls team from El Paso County and New Mexico; 8 game season guarantee; playoffs guaranteed, single elimination bracket; \$225/team; 1st place trophy, hat and ring; season participation tee for all teams/coaches
- **Link for more information:** <https://www.quickscores.com/elpaso>