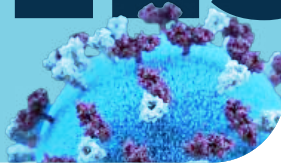


# UNDERSTANDING MEASLES



**PUBLIC HEALTH**  
CITY OF EL PASO



Measles is the most contagious viral disease known nowadays. Measles can cause serious complications which can be prevented.

## HOW DOES IT SPREAD?

Measles spreads through contaminated air or surfaces when someone who is infected or sick with measles coughs or sneezes. The measles virus can live up to two hours in the air after an infected person leaves the area.

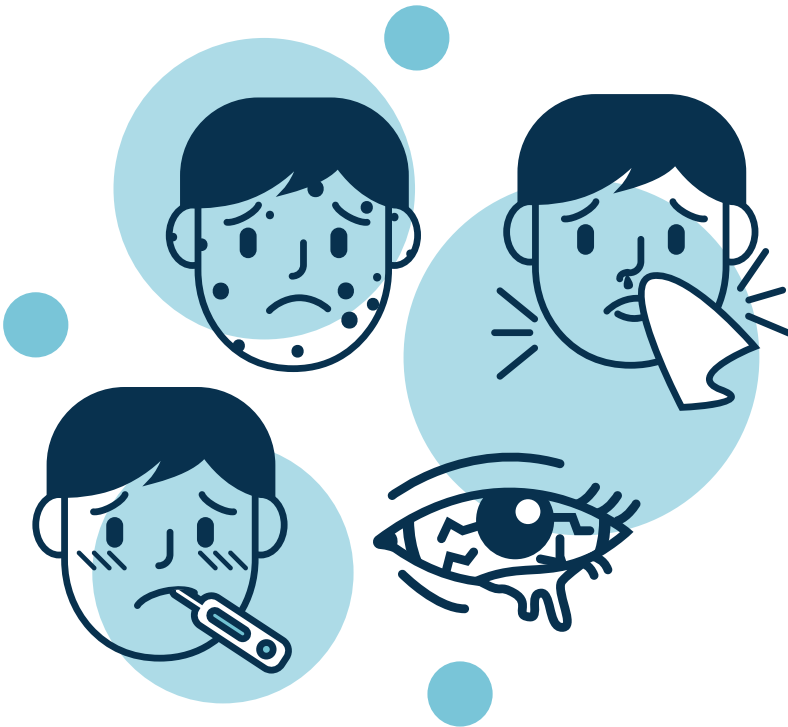
## WHAT ARE THE SYMPTOMS?

**RASH, FEVER & THE THREE C'S**

- **Rash** (*Unique to Measles*)
- **Fever**
- **Conjunctivitis** (*Red Eyes*)
- **Coryza** (*Runny nose, Nasal congestion*)
- **Cough**

## IS THERE A TREATMENT?

There is NO specific medicine given for Measles, and doctors only treat symptoms and complications.



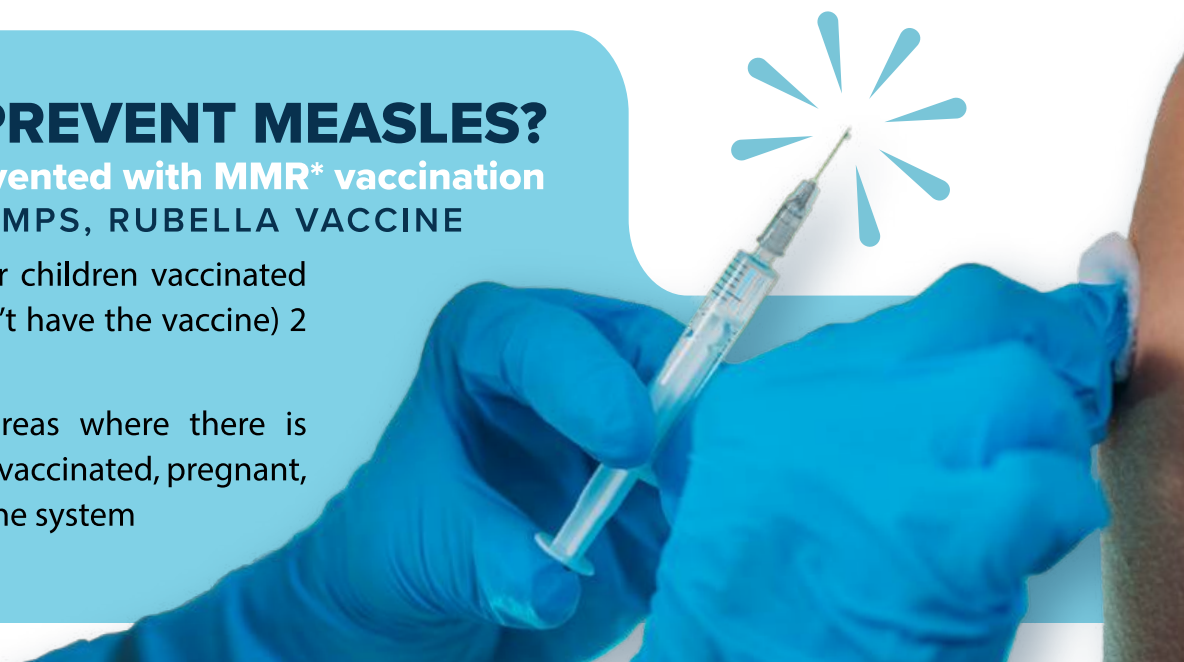
**INFECTED PEOPLE CAN SPREAD MEASLES TO OTHER EVEN BEFORE THE RASH APPEARS**

## HOW CAN I PREVENT MEASLES?

**Measles can be prevented with MMR\* vaccination**

**\*MEASLES, MUMPS, RUBELLA VACCINE**

- Get yourself and your children vaccinated with MMR (if you don't have the vaccine) 2 doses save lives
- Avoid traveling to areas where there is Measles if you are not vaccinated, pregnant, or have a weak immune system



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